**Strophe 1**

Whispering voices in my head  
sounds like they're calling my name  
a heavy hand is shaking my bed  
I'm waking up and I feel the strain

I'm feeling pushed again

I'm feeling pushed again

Why should I go where everyone goes?  
Why should I do what everyone does?  
I don't like it when you get too close  
I don't want to be under your thumb

I'm feeling pushed again

Pushed again

I'm feeling pushed again

Pushed again

**Refrain**

Why can't you just leave me alone?  
Solitude is a faithful friend.  
turn the lights off - I'm not home  
can't you see I don't need your help?

**Strophe 2**

You're going fast when I want to go slow  
you make me run when I want to walk  
you're sending me down a rocky road  
I get confused  
when you start to talk

I'm feeling pushed again

Pushed again

I'm feeling pushed again

Pushed again

**Refrain**

Why can't you just leave me alone?  
You're dragging me right to the edge  
I've got to go - when you jerk my rope  
I don't know where the good times went

**Extra**

And I'm sick, of this pain, in my head  
and I'm scared, of being pushed, again

**Strophe 3**

It's getting more then I can take  
It's like a band  
tightening around my head  
if you keep pushing  
something's going to break  
It's making me think  
I'd be better of dead

**Refrain**

Why can't you just leave me alone?  
Solitude is a faithful friend  
I'll sort my life out - on my own  
I just want this pressure to end

**extra**

And I'm sick, of this pain, in my head  
and I'm scared, of being pushed, again

And I'm sick, of this pain, in my head  
and I'm scared, of being pushed, again